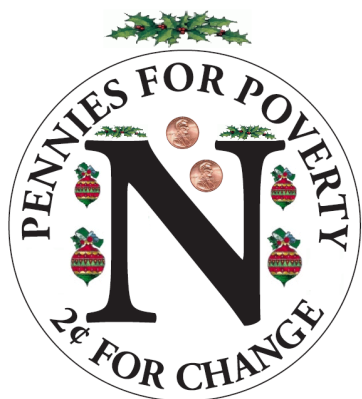


Upcoming Events

- The Road to Santiago, Dudley Glover presentation, Jan. 4 at 2 PM
- Take Two: Free Movie Nights: Jan. 18 at 4 PM

Contact us:

- 2cents4change@gmail.com
- 978-463-0507 (Cathie) or 978-358-7579 (Laurie)
- www.2cents4change.povertyprogram.com



Happy Holidays!
December 2008 - January 2009

2 CENT GRANT FUND

Starting Bal: \$1,278.79

Current Bal: **\$1,552.14**

2 CENT GRANT GIVEN OUT \$0

PENNIES FOR POVERTY

OPERATING FUND

\$2,306.92

PROGRAM EXPENSES

\$100 (website)

Pennies for Poverty: 2 Cents 4 Change is a non-profit organization run by volunteers from the community, funded by the community for the benefit of the community.

2 Cents Grant: Funds the grants! Have a 2 Cent Jar to save your change and when full, deposit directly into the 2 cent bank accounts and/or write a check to *Pennies for Poverty* and note on the memo line: *2 Cent Grant*

Pennies for Poverty: Support the overall program! Write a check to *Pennies for Poverty* and note on the memo line: *Pennies for Poverty*.

Pennies for Poverty:

2 Cents 4 Change, Inc.

282 High St.,

Newburyport, MA 01950

AGENCIES & INDIVIDUALS:

small 2 Cent Grants are now available. Application is online or call to have one mailed.

Pennies for Poverty: 2 Cents 4 Change

Two Cents, Two Cans, Two Hours, **TOGETHER!**

"Be the change you want to see in the world." Gandhi

!! URGENT NEEDS !!

Homeless Families: There are several homeless families in the area who are sleeping in cars and camping out. Please contact Our Neighbor's Table if you can provide any of these items: New or gently used clean sleeping bags, hats, mittens, scarves, winter coats, warm socks. Also needed: cans that have flip tops, small can openers (non electric).

Grocery Store Gift Cards: All the food pantries and service agencies need grocery store gift cards to supplement the food that is given out for such things as diapers, special foods that aren't donated that are needed due to food allergies or other medical conditions.

Other Gift Cards: All the food pantries and service agencies need gas and phone cards, bus passes as well. Gift cards to pharmacies would also be helpful for over the counter medicines, toiletries etc.

Bikes: New or used working bikes would also help. Please contact Donna at the Salvation Army.

Food & Personal Care: All the soup kitchens and food pantries: there is a great need for donations of food, toiletries, baby items, school snacks.

PR for Pennies!

Pennies for Poverty: 2 Cents 4 Change, Inc. can only succeed with your help. This is a community organization that is 100% run by volunteers; is financed by the community and for the purpose of benefiting the poor in our community. The more people we have donating 2 cents a day or \$7.30 a year, and volunteering, the more we can do to help those in need. Please help us spread the word about Pennies for Poverty: 2 Cents 4 Change by telling your neighbors, emailing the newsletter and website link to your local email list. This is a no cost way to greatly help!

Questions & Answers

Why 2 Cents? It's an affordable amount that everyone in town can afford. It's an inclusive amount that we hope will have everyone participating: just 2 Cents a day or \$7.30 a year! From children to people on fixed incomes, it is an amount that can be donated without causing hardship and it is an amount that should not reduce donations to agencies that do direct service.

Why no salaries? Because salaries are an enormous expense to charities and we believe in the power of volunteering.

Program Summary: Two Cents a day to fund the 2 Cent

Making
Change with
Change!



Grants, two cans donated to a food pantry a month and two hours of volunteering a month! It's easy! The combined potential value if everyone participates is over 3 million dollars to help people in need.

NEWSLETTER

If you have an event, volunteer need, food pantry need, article or other item that you would like in the Pennies Newsletter, please send us the information by the 10th of each month. Not all items and/or events will be accepted for publication. The newsletter will be sent out by the 15th of each month.

New Board Member: Dudley Glover

We are please to announce the addition of Dudley Glover to our Board of Directors. Dudley was attracted to the project through the vision of its founders, Catherine Gould and Laurie Ingersoll, to attack poverty on the local level through individual commitment within the community framework.

Dudley will be heading up a new volunteer project. There are many ways to volunteer. A person can also donate his or her skills. This is where Dudley is going to focus his energies. He wants to start a bank—a resource bank—where individuals could list the skills they would like to contribute.

Now retired and working as a tax preparer for H&R Block, Dudley owned and operated a graphics, design, and writing business for 25 years. “As a small business I was often solicited for monetary donations. I wanted to help, but with a struggling business, I had no spare cash. But we did have spare time. So, whenever there was some down time, I would typeset or print gratis for a deserving organization.”

Dudley feels that this is an effective approach. “There are lots of small

businesses that would like to help. But these are hard times. Even though they don't have any spare change, they too may have spare time. Perhaps they could donate two hours of services per month! Similarly individuals in the trades could help a family in crises with minor home repairs and emergency services. Counselors and other professionals could help by providing a couple of hours of service.”

The list of needs is as varied as the individuals who live in our community. The goal is to help with basics such as home economics, family budgeting, basic savings, and nutrition. Another goal is assistance in developing work skills. The end goal is getting a job. Tutoring, computer instruction, resume writing, interview techniques, and job search coaching are just some of the skills which are desperately needed.

Individuals who would like to participate should contact Dudley Glover at 978-462-0891 and leave a voice mail with their contact information and a description of the skills they would like to donate.

Make a Powerful Difference by Donating Your TIME!

WHEN submitted anonymously

When you walk by a homeless person, a poor person, do you avert your eyes? When you walk by the person ringing the Salvation Army bell, do you look away? When you see pictures of starving children, do you cry? When a person has their hand out, do you judge? You know you see me. I see you....When you hold out your hand, do you avert your eyes? When your child is hungry, do you cry? When people walk by and won't look at you, do you feel shame? When....we are no better for having or less for not having...When....we just are.

Belleville Church Thrift Store

The Thrift Store at Belleville Church has gently used clothing for all ages as well as household items at affordable prices. Twice a year there is a \$3 a bag sale as well! Service agencies can call the church for gift certificates for clients in need.

Common CENTS Garden



Our first Common CENTS project will be a community garden to grow vegetables for the local soup kitchens and food pantries. We have teamed up with First Parish for this project. First Parish has generously donated a plot in their Victory Gardens and will be chairing this project. We are also looking for farms or individual gardeners to pledge to grow a row or two of vegetables. Any group, organization, individuals, businesses who would like to help us organize this project, or contribute money, or seeds or just be part of the planning, planting, and packaging of the Common CENTS Victory Garden, please contact us: 978-463-0507 or 2cents4change@gmail.com. A flyer and sign up form is at the end of the newsletter and also available on our website under downloads.

Banner Blessing Prayer Reverend Harold Babcock December 5, 2008

Spirit of Life, God of Love, we have gathered here this afternoon on this International Volunteer Day to give our blessing to this banner, lovingly created during the recent Greater Newburyport Volunteer Job Fair. We give thought especially to what this banner represents: it represents the untold hours of volunteer labor which help to fill the gap in the social service safety net; it represents the opportunity to be of service to others in our community who are in need,

thus enabling us to live out the Great Commandment injunction to love God and our neighbor as ourselves. We give thanks today for the multitude of unknown persons whose labor meets our needs, and by whose sometimes severe duty we are made secure. We give thanks especially for those who volunteer their time, talent, and treasure to make this world a better place in which to live. We hold in our minds the needs and wants of others seeking that we may know the places where we may serve. We pray that we may be part of the world's light, and not its darkness; its faith and not its fear; its love and not its hate. May we know in new and deeper ways that we are truly members one of another, and that we have a responsibility for "the least of these" in our midst. For all that makes the world more fair, for all that gives our lives greater meaning and worth, for all that advances our sister and brotherhood, may we be truly grateful, this day and in all the days still to come. Amen, and blessed be.

US Poverty

- Four out of 10 children live in families that seriously struggling.
- 39% of children in the USA live in low-income families.
- 82% of children whose parents do not finish high school live in poverty.
- Income inequality has risen in the USA.
- Economic mobility (the ability to move from lower to middle to upper income) has decreased in the USA.
- Other industrialized nations have policies to *prevent* poverty and provide assistance to all families with children. The USA has programs to help when you hit bottom rather than prevention.

- The USA has tax policies that actually help maintain and increase the financial position of the upper income families. The tax benefits for the wealthy actually cost the USA 3 times what the benefits to help low and moderate income families. The tax cuts for the wealthy have cost the nation \$90 billion a year while at the same time, the share paid by the lower 80% increased.
- Do the wealthy consider that they are subsidized by their tax benefits? Yet, being poor and subsidized is a stigma in our society.
- 40% of Americans will experience poverty during their lifetime.

References: National Center for Children in Poverty, UN reports, Business week, Wikipedia, web.

Holiday Giving

Please be as generous as you can afford to be this holiday season. When the economy is bad, donations to charities generally are reduced by as much as 33 percent while at the same time need is greatly increased. Several local charities are reporting that their larger donors are cutting donations by half. Some charities depend on interest income from investments to help fund their work and as with individuals, these assets are also drastically down as well. Combine the loss and cuts in donations with loss of investment assets and interest income with a tripling of local need, and you have a serious situation. We all need to ask ourselves how we can help those in need; help the agencies; and help our community. Can we donate some spare money? Volunteer a few more hours? Let's do what we each can to make a difference!

Volunteers Needed

The Pennies for Poverty: 2 Cents 4 Change is looking for Board and Advisory Board Members. If you have the time, expertise and interest, the

application is on our website under downloads or please give us a call and we will put one in the mail. This is an exciting opportunity to shape the future of the Pennies for Poverty Program, be in on the ground floor, and be part of a group that's doing things a bit different! **Nobody is so poor that he cannot help. Nobody is so rich that he does not need help. Finnish proverb**

THANK YOU SUPPORTERS!

Belleville Service Club for having a Thanksgiving Auction fund raiser for Pennies.

Reverend Harold Babcock and the Unitarian Church for the Blessing of the Banner.

Pamela Perkins for the painted water container.

UPCOMING EVENTS

Please help us spread the word about the TOGETHER events by hanging the posters at the newsletter!

The Road to Santiago Jan. 4 , 2 PM

Belleville Church Bannister Room
300 High Street, Newburyport, MA

Dudley Glover combats his disease by walking. Three times he has made a 500-mile trek along ancient footpaths across northern Spain. The goal for Dudley, as with thousands of pilgrims before him, has been to reach Santiago de Compostela, a city north of Portugal on the Atlantic Ocean.

These treks are Dudley's effort to increase awareness of the ravages of diabetes, to demonstrate the many benefits of walking, and to inspire others with the message that one can enjoy living even with serious health concerns. Diabetes is a major contributor to vascular disease and coronary heart failure, as well as the leading cause of blindness, limb amputation, and kidney failure.

Dudley knows first hand how devastating those diseases can be. Watching his diabetic mother struggling with blindness and dialysis and his father dying of a heart attack at a comparatively young age were sobering experiences for Dudley. In September 2000, he underwent quadruple cardiac bypass surgery. Before surgery, he couldn't walk 50 steps to his mailbox. Days later, the medical staff had him up and walking the corridors. Three days later he was released from the hospital with the admonition that he must get regular exercise. He started walking every day and actually grew to like it. Within a month, he was walking five miles a day. Within two years he did his first 500 mile trek.

In 2007 he trekked 360 miles along the towpath of the old Erie Canal to across upstate New York. He started in Buffalo on October 1 and arrived in Albany on October 31 in time to participate in a diabetes forum.
www.RoadtoSantiago.org
www.TrekkingAlong.org

**Take Two Movies
 Classic Comedies**

Sun. Jan. 18 at 4:00 PM

Belleville Church - Bannister Room
 300 High Street, Newburyport
For details, call 978-465-7734

2 Cent Grants Now Available

2 Cent Grant applications are available online with no application deadline.

**FEATURED SERVICE
 AGENCY**

The Hugh Doyle Resource Center provides human services resource information. The center works in collaboration with the schools, social service agencies and religious organizations to advocate and coordinate services for individuals, children and adults, as well as families in need. If you or members of your

family are in need of services, please call 978-465-1688. Our address is PO Box 403, Newburyport, Ma 01950

FOOD PANTRIES NEEDS

cereal, juice boxes, school snacks, condiments, hygiene items, paper items, peanut butter, jelly, pasta and sauce, canned meats and fruit, soup, powdered milk, macaroni/cheese, dried fruit, rice cakes, bread,crackers.

Community Service 31 Green St., Newburyport, 978-465-7562.

Our Neighbor's Table, P.O. Box 592, Amesbury, 978-388-4863, 978-835-3016

Pettengill House, 13 Lafayette Rd, Salisbury, 978-463-8801

The Salvation Army, 40 Water St, Newburyport 978-465-0883

**One cannot think well, love
 well, sleep well, if one
 has not dined well.**

~Virginia Woolf ~



www.mass211.org

“With the support of social service organizations that provide health and human services throughout Massachusetts and in collaboration with Massachusetts Association of Information and Referral Specialists (MAIRS) the United Way introduces this statewide Information & Referral System.

- Is an easy to remember telephone number that connects callers to information about critical health and human services available in their community.
- Serves as a resource for finding government benefits and services, non-profit organizations, support groups, volunteer opportunities, donation programs, and other local resources.
- Is a confidential call. Maintains the integrity of the 9-1-1 system saving that vital community resource for life and death emergencies.
- Is available 24 hours a day, 7 days a week.

- Is an easy way to find or give help in your community.
- 2-1-1 responds immediately during times of crisis, to field calls regarding the crisis and to direct callers to services most appropriate for their needs.
- If you are unable to reach 2-1-1 due to your telephone or cell phone carrier, a toll-free number is available: 1-877-211-MASS (6277).”

SERVICE AGENCY NEEDS

AMONG FRIENDS

166 High St., Newburyport: Donations of desserts, food items, supplies and services are needed.

Community Service

31 Green St., Newburyport: Boxed potatoes, boxed meals (Hamburger Helper, Banquets Meals), canned meats, juice, coffee, peanut butter, jelly, canned fruit, cereal, crackers, cookies, rice as well as men’s t-shirts, underwear and socks and gas cards.

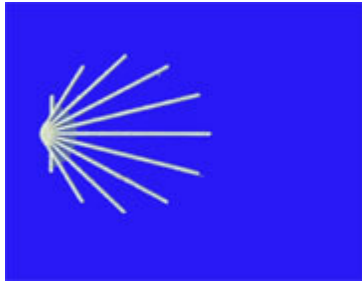
Learning Enrichment Center

The Learning Enrichment Center is in need of eight more volunteers to help tutor children in their after school program. Do you have one hour twice a week that could be used to help with a child’s education? Be a mentor? Role model? Just 2 hours a week could make an enormous difference in a child’s education. Healthy snack and drink donations are also needed. Please contact Nancy Earls, nearls@comcast.net.

The Salvation Army's

ONGOING NEED:

snack foods for school children.
 Nonperishable parmesan cheese,
 mayo, Fragrance free laundry
 detergent, toilet paper, paper towels,
 kleenex, juice concentrate (not
 frozen): cranberry, apple, grape, fresh
 fruit, frozen veggies



THE ROAD TO SANTIAGO!

www.RoadtoSantiago.org

HOSTED BY PENNIES FOR POVERTY: 2 CENTS 4 CHANGE, INC.

PRESENTATION BY
DUDLEY GLOVER

JANUARY 4, 2009 ~ 2 PM
BELLEVILLE CHURCH
300 HIGH ST., NEWBURYPORT, MA

FOR MORE INFORMATION:
2CENTS4CHANGE@GMAIL.COM
OR 978-463-0507

Invite your friends, family, and neighbors to follow this walking adventure. Pass the word to walk. Walk as if your life depended on it. It does!!!!

Dudley Glover, an insulin-dependent diabetic with coronary heart complications combats his disease by walking. Three times he has made a 500-mile trek along ancient footpaths across northern Spain. The goal for Dudley, as with thousands of pilgrims before him, has been to reach Santiago de Compostela, a city north of Portugal on the Atlantic Ocean.

"¡Buen camino!"

**Take Two Movie
Classic Comedies**

Sun. Jan. 18 at 4:00 PM

Belleville Church

300 High Street, Newburyport

For details, call 978-465-7734